

5 Sure steps with Lifeskills Model (ALIFE) ©

Assessment, At the initial stage of partnership, we assess and analyze the behavioral profile of individuals with powerful instrument, which gives place to improving process and skills development.

Listen, As a coach, I will listen to what you are saying and not saying. As a mirror to you, I will help you gain a new perspective and more transparency.

Interview, By asking deep and powerful questions, I help you find answers from within yourself. As a coach, my goal is not to hear your answers, but to help you hear your own voice and solutions.

Feedback, As a coach, I will give you feedback to help you look at yourself and situations externally. It will be provided in a meaningful way and is intended to be constructive and helpful for your growth.

Earn, Finally, we will follow you until get own favorite results with powerful online platform for tracking according to your reports that generated in [Assessment step](#).

